



PAEDIATRIC FIRST AID COURSE

Introduction

This qualification is designed for individuals who wish to acquire the knowledge and practical skills needed to provide effective paediatric first aid. It is ideal for those caring for children in professional or voluntary settings, including:

- Pre-school and nursery staff
- Toddler group volunteers
- Childminders and nannies
- Au pairs and foster parents
- Anyone responsible for delivering first aid to infants or children

This highly interactive course provides hands-on training to prepare learners for real-life first aid situations. Participants must be physically capable of completing all practical elements of the course.

Course Duration

The course consists of a minimum of 12 guided learning hours and can be delivered in two formats:

1. Tutor-led workshop: Over 2 full days.
 2. Blended learning:
 - Part 1: Online learning completed independently.
 - Part 2: Practical training and assessment during 1 full day or split into 2 half-day or evening sessions.
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Assessment

The course assessment includes:

1. Practical Assessment: Demonstration of first aid skills.
2. Written Examination: A 30-question multiple-choice test lasting 45 minutes. A pass mark of 18/30 is required. Learners scoring below this will have an opportunity to re-sit the exam.

Upon successful completion of both assessments, candidates will be awarded a Paediatric First Aid Certificate, valid for three years.

DG TRAINING

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Course Syllabus

The course covers a comprehensive range of first aid topics, including:

- Roles and responsibilities of a paediatric first aider
- Assessing emergency situations safely
- Unresponsive casualties:
 - Breathing normally
 - Not breathing normally (CPR)
- Choking management
- External bleeding control
- Shock management
- Conditions affecting the eyes, ears, and nose
- Bites, stings, and minor injuries
- Splinters and nosebleeds
- Anaphylaxis recognition and treatment
- Fractures and sprains
- Head, neck, and back injuries
- Managing diabetic emergencies
- Asthma attacks
- Meningitis awareness
- Febrile convulsions
- Effects of extreme heat and cold
- Electric shocks
- Burns, scalds, and poisoning

This course equips learners with the skills and confidence to respond quickly and effectively to medical emergencies involving infants and children.

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