



The Royal  
Environmental  
Health Institute  
of Scotland

# REHIS Qualifications

FOOD HYGIENE



HEALTH & SAFETY



HACCP



INFECTION CONTROL



FIRST AID



FOOD AND HEALTH



LICENSING



Improving and protecting health and wellbeing in Scotland through education, training and qualifications in Environmental Health

The Royal Environmental Health Institute of Scotland (REHIS) is a long-established awarding body in Scotland for qualifications in Food Hygiene, Food and Health, HACCP, Control of Infection, Occupational Health and Safety, First Aid and Licensing.

Courses leading to REHIS qualifications are available at Approved Training Centres throughout Scotland and delivered by suitably qualified registered presenters. Industry and Enforcement Officers recognise REHIS qualifications, not just in Scotland but nationally and internationally.

## REHIS Qualifications:

### Food Hygiene

- Diploma in Advanced Food Hygiene – 36 hours (SCQF level 8, 5 credits)
- Intermediate Food Hygiene – 20 hours (also by e-learning) (SCQF level 7, 3 credits)
- Elementary Food Hygiene – 6 hours (also by e-learning) (SCQF level 5, 1 credit)
- Introduction to Food Hygiene – 2 hours (also by e-learning)
- Refresher to Food Hygiene – 3½ hours
- Controlling the Risk of Cross Contamination – 6 hours

### Health and Safety

- Certificate in Advanced Health and Safety – 36 hours (SCQF level 8, 5 credits)
- Intermediate Health and Safety – 16 hours (SCQF level 7, 3 credits)
- Elementary Health and Safety – 6 hours (SCQF level 5, 1 credit)
- Introduction to Health and Safety – 3 hours (also by e-learning)
- Safe Manual Handling Awareness – 3 hours
- Risk Assessment- 3½ hours
- Management of Risk in the Workplace – 13 hours
- Legionella Awareness– 6 hours

### HACCP

- Advanced Certificate in HACCP – 21 hours
- Intermediate Certificate in HACCP for Food Manufacturing – 14 hours (SCQF level 6, 2 credits)
- Elementary Certificate in HACCP for Food Manufacturing (also by e-learning) – 6 hours (SCQF level 5, 1 credit)
- Food Safety Management System for Caterers (based on Cooksafe) – 6 hours

### Control of Infection

- Elementary Prevention and Control of Infection – 6 hours (SCQF level 5, 1 credit)
- Elementary Cleaning and Disinfection – 4½ hours
- Infection Prevention and Control for Skin Piercing and Tattooing Practitioners – Under development

### First Aid

- First Aid at Work – 18 hours over 3 days
- First Aid at Work Requalification – 12 hours over 2 days
- Emergency First Aid at Work – 6 hours (SCQF level 5, 1 credit)

### Food and Health

- Elementary Food and Health – 6 hours (also available by e-learning) (SCQF level 5, 1 credit)
- Introduction to Food and Health – 3 hours
- Elementary Food and Health for Carers of Adults with a Learning Disability – 9 hours
- Elementary Cooking Skills – 6 hours (SCQF level 4, 1 credit)
- Eating Well for Older People – 3 hours
- How to Run a Cooking Group – 6 hours
- Elementary Nutrition Course – 6 hours

### Licensing

- Scottish Certificate for Personal Licence Holders Course (also by e-learning) – (SCQF level 6, 1 credit)
- Scottish Certificate for Personal Licence Holders Course Refresher (also by e-learning) – (SCQF level 6, 1 credit)

\* The Scottish Credit and Qualifications Framework (SCQF) is Scotland's national qualifications framework. The level of a qualification indicates the level of difficulty and the number of credit points indicates the length of time it takes to complete.



The Royal Environmental Health Institute of Scotland  
19 Torphichen Street, Edinburgh, EH3 8HX  
Tel: 0131 229 2968 E-mail: [contact@rehis.com](mailto:contact@rehis.com)  
Website: [www.rehis.com](http://www.rehis.com)

 @rehisscotland  rehis

The Royal Environmental Health Institute of Scotland is a registered Scottish charity, No. SC009406.

REHIS and the Crest Device are Registered Trade Marks

© Copyright: The Royal Environmental Health Institute of Scotland 2023.

