# Health and Safety in Swimming Pools - What to inspect?

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#### Background

- Working in swimming pools for 28 years
- OSHCR Chartered Safety and Health Practitioner
- PWTAG Council Member
- RLSS Technical Advisor on Swimming Pools
- BSI Committee Member
- Institute of Swimming Lead Tutor

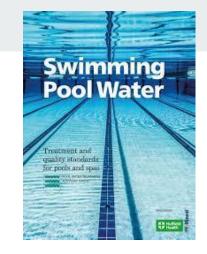
#### Aim

Highlight some of the major concerns in swimming pools plant rooms in line with current legislation and guidance in the UK



HSG 40 Safe Handling of Chlorine Drums and Cylinders

HSG 179 Health and Safety in Swimming Pools



The <u>Pool Water Treatment Advisory Group (PWTAG)</u> produce detailed guidance on swimming pool water quality and treatment. HSE recognises their guidance as a useful resource for pool operators when drawing up their operating procedures. Enforcing authorities (HSE and local authorities) consider this guidance as the standard to be achieved in effectively managed swimming pools.

#### **HSG 179 - Pool Safety Operating Procedure**

The Pool Safety Operating Procedures consists of two documents:

Normal Operating Plan - (NOP)

&

Emergency Action Plan - (EAP)

### Normal Operating Plan (HSG 179 V3)

- a) Details of the pool(s) dimensions and depths
- b) Potential risk an appreciation of the main hazards
- c) Dealing with the public arrangements for communicating safety messages to customers,
- d) Lifeguards' duties and responsibilities and special supervision requirements for equipment, etc;
- e) Systems of work including lines of supervision,
- f) Operational systems controlling access to a pool
- g) Detailed work instructions including pool cleaning procedures,
- h) First aid supplies and training,
- i) Details of alarm systems and any emergency equipment, maintenance arrangements
- j) Conditions of hire to outside organisations.

### **Emergency Action Plan**

- a) overcrowding;
- b) disorderly behaviour (including violence to staff);
- c) lack of water clarity;
- d) outbreak of fire (or sounding of the alarm to evacuate the building);
- e) bomb threat;
- f) lighting failure;
- g) structural failure;
- h) emission of toxic gases;
- i) serious injury to a bather;
- j) discovery of a casualty in the water.

#### **Pool Water Treatment Advisory Group (PWTAG)**

PWTAG is a UK-based independent, non-commercial membership organisation, dedicated to raising standards in pool water treatment. Our work over the last 35 years has made us the authoritative source of standards and guidance in the management of swimming, spa and hydrotherapy pools.





#### **PWTAG Code of Practice**

The PWTAG Code of Practice provides pool operators with a structured plan for the technical operation of their pool.

The code ensures that the technical operation of a pool meets quality standards that provide a healthy experience for swimmers using recognised and established practices, techniques, engineering and design. For this reason, all UK pools are encouraged to follow it.

The Code provides a model of operation based on the authority of PWTAG good practice. Following the Code gives an assurance to operators and to the public that the pool meets essential healthy pool operational standards.



#### **PWTAG Technical Notes**

PWTAG Technical notes are updates or new material for the standards and guidance given in the PWTAG book, <u>Swimming Pool Water</u> and the <u>PWTAG</u> Code of Practice and should be read in association with these publications.

PWTAG keeps pool operators up to date by providing guidance through these technical notes on the issues of the day.

Combining PWTAG's specialist expertise and published scientific data, we aim to optimise swimming pool technical operation.

**PWTAG - Qualifications** 

**Swimming Pool Technical Operator** 

**On-site Designated Supervisor** 





#### **PWTAG Pool Technical Operating Procedure**

- 1 Statement of policy
- 2 Management system
- 3 Staff structure and responsibilities
- 4 Description of pool
- 5 -Schematic of pool and key indicators
- 6 Normal operating procedures for pool water, heating and ventilation
- 7 Emergency action plan for pool water, heating and ventilation





## Holiday park fined £100,000 after man almost drowned in pool

Woodlands Caravan Site (Trimingham) Ltd, which operated and managed the pool, admitted breaching its duty to ensure that swimmers were not exposed to the risks of drowning between March 12 2015 and April 1 2017.

On Friday September 20 they were sentenced by District Judge John Woollard at Chelmsford Magistrates Court.

Woodlands was ordered to pay fines, costs and a victim surcharge totalling £103,120 and Foley and Baugh Associates is to pay of £5,137.



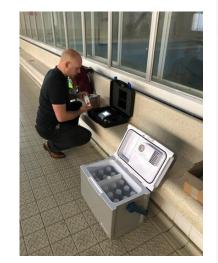
## Holiday park fined £100,000 after man almost drowned in pool

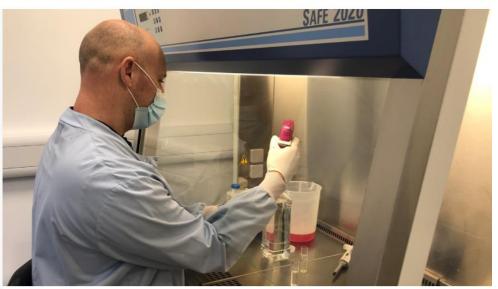
Andrew Hird, from Woodlands, said: "Woodland holiday park has in its very early admission of guilt recognised that in this instance the paperwork specifically associated with the swimming pool failed under scrutiny to meet the highest levels of the health and safety standard.

"Since the incident and following our full co-operation with the investigative authorities alongside a rigorous internal review the company has implemented completely new normal and emergency operating procedures and has welcomed many thousands of guests to our leisure facilities."

## **Swimming Pools** and Covid 19

The UK was the first in the world to complete Covid 19 testing in swimming pool water. The paper has been submitted to the journal 'Water Research' for Publication and is currently 'under review' by independent scientists





## Swimming pool water inactivates Covid-19 virus in 30 seconds, according to new study

12 April 2021

Swimming pool water can inactivate the Covid-19 virus in only 30 seconds under the right conditions, reveals a study by virologists at Imperial College London

## How many swimmers can my plant room deal with

There are two methods of working out how many swimmers can fit in a swimming pool one is from the aspect of spatial awareness and the other from filter capacity.

Health and Safety Executive

- HSE / HSG179 Health and Safety in Swimming Pools method 3 metre

#### **PWTAG Code of Practise**

- Water depth under 1.0 metres use 2.2 metres squared
- Water depth between 1.0-1.5 metres use 2.7 metres squared
- Water greater than 1.5 metres use 4.0 metres squared



## Medium and high rate filters





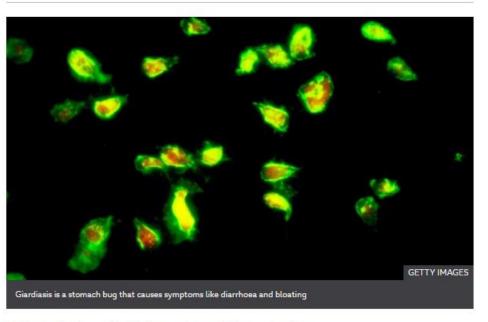
#### UK's biggest outbreak

To date this is the largest outbreak in the UK within a swimming pool or spa system.

## Upper Poppleton 'dirty' swimming pool gave 165 stomach bug

① 16 January 2019





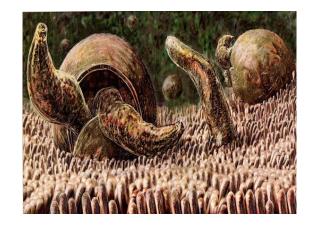
A "dirty" swimming pool led to dozens of young children contracting a stomach bug causing diarrhoea, a council said.

Inspectors who visited Dolphins Swim School in York saw "brown and green" pool water, with 165 children and parents contracting giardiasis.

### Cryptosporidium

- Is NOT a bacteria
- It is a parasitic amoeba which lives in the gut of animals
- It is the cause of severe diarrhoea
- It is removed by filtration with continual flocculation and Ultra Violet as secondary disinfection
- Pools MUST follow written procedures in EAP

Probably the biggest risk to your swimming pool





#### **Starting point for inspections**

Following the biggest outbreak of cryptosporidium in a swimming pool in 2009 in Wales. A inspection sheet was compiled for the HSE and EHO's to use.

Public Health Wales Microbiology Division

Guidance for the investigation of Cryptosporidium linked to swimming pools





#### Guidance for the investigation of *Cryptosporidium* linked to swimming pools

#### Appendix 1: Cryptosporidium Risk Assessment Check List

Agencies: Public Health Wales, Public Health England, Local Authorities, the Chartered Institute of Environmental Health, the Pool Water Treatment Advisory Group and the Chartered Institute for the Management of Sport and Physical Activity.

Authors and original affiliation:: Rachel Chalmers, Head of UK Cryptosporidium Reference Unit, Public Health Wales.

Rosemary McCann, Consultant in Communicable Disease Control, Greater Manchester Health Protection Unit.

Gwen Lowe, Consultant in Communicable Disease Control, Health Protection Team, Public Health Wales.

Ash Modi, Specialist Registrar in Public Health, Greater Manchester Health

Rhianwen Stiff, Specialist Registrar in Public Health, Public Health Wales Catherine Quigley, Regional Epidemiologist, Regional Epidemiology Unit, HPA North West.

Paul Cleary, Regional Epidemiologist, Regional Epidemiology Unit, HPA North West.

North West.

Ayo <u>Ovinlove</u>, Specialist Registrar in Public Health, Cheshire & Merseyside Health Protection Unit.

Peter Lamb, Environmental Health, Trafford Council.

Craig Sewell, Environmental Health, Merthyr Tydfil County Borough Council.

Sarah Jones, Health improvement, Cardiff City Council, Health Improvement.

Mark Elliott, Chair, All Wales Communicable Disease Technical Panel Julie Barratt, Director, CIEH Wales.

Janice Calvert, Chair, Pool Water Treatment Advisory Group.

Ralph Riley, Institute of Sport and Recreational Management.

Gordon Nichols, Consultant Epidemiologist, Health Protection Agency, Centre for Infections.

Clare Elliott, Scientific Web Editor, Public Health Wales.

Approved by: HPA GI programme board Approval date: 24/01/11

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#### Using a coagulant

 Coagulants/flocculants help improve filtration by removing small particulate matter providing better clarity of the pool water

 They are often dosed into the pool and then go on to form a floc on the filter had after binding small particles and debris together

 The manufacturers dose rate is important to follow as too r type contamination to appear in the pool



#### **BRISTOL STOOL CHART**

TYPE 1 - SEVERE CONSTIPATION

Sep

Separate, hard lumps



TYPE 2 - MILD CONSTIPATION
Lumpy and sausage like



**TYPE 3 - NORMAL**A sausage-shape with cracks in the surface



TYPE 4 - NORMAL
Like a smooth, soft sausage or snake



TYPE 5 - LACKING FIBER
Soft blobs with clear-cut edges



**TYPE 6 - MILD DIARRHEA**Mushy consistency with ragged edges



**TYPE 7 - SEVERE DIARRHEA**Liquid consistency with no solid pieces

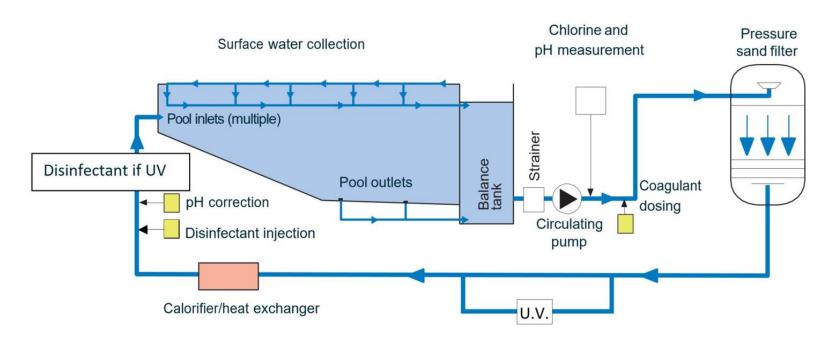
#### **PWTAG Tec**

Does the swimming pc

Do children under the

Can the type of faeces

#### **Typical Swimming Pool Plant Room Layout**



#### Safe Systems of Work

Pump change over

Cleaning strainer baskets

Cleaning in line strainers

Probe cleaning and Calibration

Backwashing and wasting water

Air bleeds on filters

Cleaning an injector



#### BS 13451 -3 - Inlets and Outlets



IN TOO DEEP Screaming girl, 6, 'sucked into swimming pool pump and left trapped for three hours in agony' on Costa del Sol holiday

EXCLUSIVE

Brittany Vonow | Tim McNulty 18 Aug 2019, 14:37 | Updated: 19 Aug 2019, 14:06





A SIX-YEAR-OLD girl was sucked into a swimming pool pump and left trapped for three hours in agony while on holiday in Costa del Sol, her family claim.

Terrified Zara Clarkson desperately had to keep her head above water for hours as firefighters armed with jackhammers smashed through the pool's concrete wall to free her.

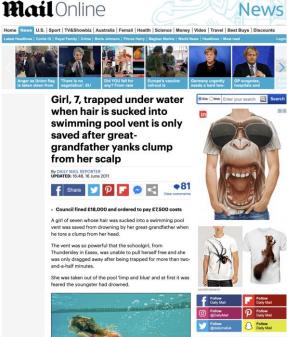
Boy, 14, fighting for his life after being sucked into water park pool drain 'for dare'





water park pool drain in a suspected dare gone wrong.





#### Scope of EN 13451-3

This document specifies safety requirements and test methods for inlets and outlets for water/air and water/air based leisure features involving water movement, in addition to the general safety requirements of EN 13451-1.

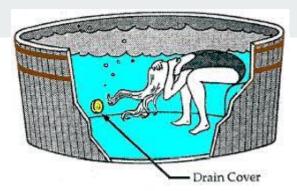
The requirements of this specific standard take priority over those in EN 13451-1.

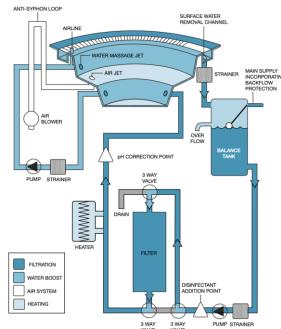
This part of EN 13451 is applicable to swimming pool equipment installed in pools for public use designed for:

- the introduction and/or extraction of water for treatment or leisure purposes;
- the introduction of air for leisure purposes;
- water leisure features involving the movement of water.

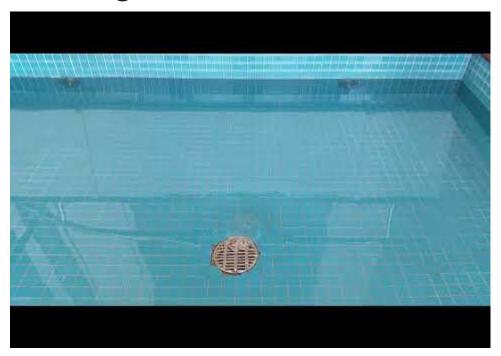
#### Inlets and outlets standards

- Aperture diameter maximum 8mm prevent finger entrapment
- Permissible water speed 0.4 m/s
- Minimum of 300mm width but ideally 450-600mm width
- Commercial Spas and hot tubs Guidance in HSG282





## **Outlets vortexing**

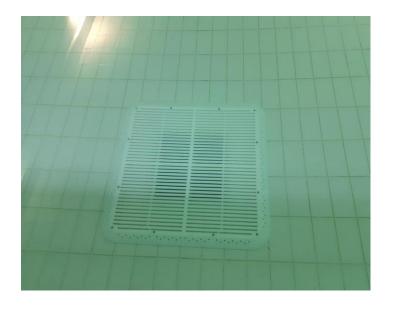


### **VORTEX** single outlet - **SCARY**





#### **Anti vortex covers**







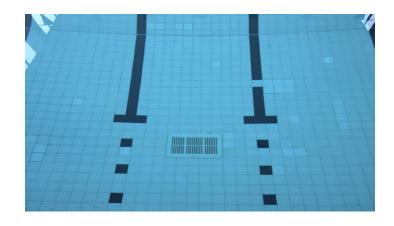
#### **Testing video**



#### **Prioritising site to test**

The following sites would pose to have an additional risk and may want to be assessed first

- Pool with features (Flumes, rapids, wave machines etc)
- Single water outlets on the base of the pool
- Outlets with a diameter less than 450mm
- Non connected duel outlets
- Uncover vacuum outlets
- Grilles which are constructed from plastic
- Single skimmer box systems
- Swimming pools without flow rate meters
- Counter current devices
- Pools with a depth greater than 2 metres



## **Dye/Stain Testing**



#### When not to swim

Exclusion policies

Diarrhoea or vomiting – 48 hours

Confirmed case of crypto – 14 days

Babies & Toddlers – Swim nappies

System whereby two nappies are worn by the baby/toddler to reduce the risk of faec accidents in the pool water from occurring

New nappies technologies now existing using silver lining



#### Automatic vs hand dosing a pool

During swimming lessons there would be very little opportunity to hand the swimming pool plus you also require more time after hand dosing for the dynamic flow to take place.

Dosing into a skimmer will also require time to go through the plant room and back to the pool via inlets. Should a customer be next to the inlets then they could potentially be in a chemical hotspot.

cons

Hand dosing in a swimming pool is not impolessons.

#### **Pool Water Testing**

In line with PWTAG Code of Practice

- Automatic dosing systems should at least three times a day
- Manual dosing systems every two three hours
- Hand dosing system every two hours

Tests should include for a chlorine disinfectant based pool Free Chlorine, Total Chlorine to establish the Combined Chlorine and pH.

Photometers should be calibrated on an annual basis in accordance with BS EN ISO 17025 : 2017



#### **Water Testing Parameters**

- Free Chlorine minimum 0.75mg/l maximum 5.0mg/l
- pH levels ideal 7.0-7.2 minimum 6.8 maximum 7.6
- pH levels above 7.2 the minimum free chlorine level should be 2.0mg/l
- Cyanuric acid (outdoor pools only should use stabilised chlorine) minimum 50mg/l maximum 100mg/l
- Total Alkalinity minimum 80mg/l maximum 200mg/l
- Calcium Hardness minimum 80mg/l maximum 500mg/l
- TDS no more than 1000ppm above the mains or 1500ppm for salt based
- Balance water testing -0.5 to +0.5
- Salt based 3000mg/l 4000mg/l



UKAS

UNITED

SERVICE

#### Microbiological testing

Microbiological Testing in swimming pools is a requirement under the COSHH Regulation 2002 Regulation 6 (2) (k) - the approved classification of any biological agent

Frequency of testing

- Swimming pool monthly
- Spa systems monthly with quarterly legionella testing as well
- Hydrotherapy pools weekly



#### Microbiological Testing

Microbiological outbreaks in swimming pools come under the COSHH Regulations 2002 however the frequency of testing was prescribed initially in PAS 39 and more recently the PWTAG Code of Practice.

Test must be completed by a UKAS Laboratories and should be for the following

- Total Viable Conliforms TVC37
- Pseudamous Aerogiounos
- Coliform Organisims
- E-coli 0157

Swimming pools should be tested in the calendar month Hydrotherapy pools weekly

## Update report for PWTAG Council on Monday 21st June 2021 HSG 282 - Hotels, Holiday Parks and Air BnB

HSG 282 and Scandinavian hot tubs, and Air BnB's And a call for data for spa pool systems

This brief report provides an update to PWTAG Council on email correspondence with Duncan Smith and Margaret Wade at HSE.

#### HSG 282 scope

The first update is regarding HSG 282 guidance for whether Scandinavian hot tubs are in scope of HSG 282. Despite the definition of a hot tub not being as applicable for a Scandinavian hot tub (due to a lack of pumps, jets, etc to cause aerosolization of the water regarding legionella risks) the HSE have confirmed that these hot tubs are in scope.

The HSE have confirmed by email that while there is no current plan to update HSG 282, they do consider that as these spa pool systems are covered in the scope of HSG 282 (due to other infectious agents in spa pool systems) and that the industry should provide this clear message. BISHTA will be updating its factsheets to make sure this is communicated to the industry. PWTAG may wish to promote a similar message, if applicable.

Similarly, when BISHTA asked the HSE for clarification if Air BnB's were in scope of HSG 282, the reply in summary was that as it was covered under the Health & Safety at Work Act, the HSE consider this activity is in scope of HSG 282. Given the diverse nature of how Air BnB's may be used in relation to a hot tub, there may be a need for additional guidance to make sure that normal operating procedures are as reasonable as practicable.

68 Where domestic-type spa pools are used as a business activity, the bather load is restricted to a discrete group of users.

#### Spa Pool Systems

69 A bespoke spa pool is built in situ using standard, factory-built parts which may be modified or added to on site. Bather loads, water temperature and the size of the pool may vary greatly but usually they have a higher bather load and are in a commercial setting (defined below). These pools typically have either an overflow or deck-level spa with a separate filter and continuous chemical feeder system (see Figure 1 on page 26). The design includes a separate balance tank generally located in the plant room. The complexity of the design features, any associated equipment and the aerosol exposure must be considered during the risk assessment and will require enhanced levels of control and monitoring.

#### Domestic-type spa pools – used as a business activity

76 Domestic-type spa pools or hot tubs used as part of a business activity (eg in a holiday park rental unit or hotel bedroom(s) with their own dedicated spa, or as part of a rental agreement for a single family or group use) are subject to the general duties under the HSW Act. There is a legal requirement for these systems to be managed and controlled in proportion to the risk and the risk assessment should consider the type of pool and its use. Domestic-type spa pools are for use by a small, discrete group of people at any one time and are typically:

- of either a rigid or inflatable/foam-filled structure with freeboard and skimmer;
- systems where the water should be changed after each rental/week, whichever is the shorter;
- disinfected using bromine or chlorine through the use of an inline disinfectant feeder.

Operational actions	Typical frequencies	
	Commercial-type spa pools (high bather load)	Domestic-type spa pools and hot tubs
Replace cartridge filter with a cleaned cartridge	-	At water replacement
Inspect strainers and grilles	Daily	At water replacement
Record incidents	Daily	As appropriate
Check any automatic systems are operating correctly	Daily	Daily, where fitted
Drain spa pool, clean whole system including strainers and refill	Daily to weekly based on risk assessment	Between each group of users or at least weekly whichever is shorter
Drain and clean balance tank	At least twice per year based on risk assessment and weekly visual checks	-
Inspect accessible pipework and jets and clean as necessary	Weekly	Weekly
Disinfect flexible hoses	Monthly	Monthly
Microbiological testing	Monthly for ACC, coliforms, E coli, P aeruginosa and quarterly for legionella	Monthly for ACC, coliforms, E coli, P aeruginosa and quarterly for legionella
Clean input air filter	Monthly	Monthly
Full chemical test dependent on water quality	Monthly or as determined by risk assessment	As determined by risk assessment
Disinfectant/pH controller – clean electrode and check calibration	Monthly or according to manufacturers' instructions	Monthly, where fitted, or according to manufacturers' instructions
Check effectiveness of filtration	Quarterly	-
Check, clean, disinfect and dry filter cartridge	-	Between each group of users or weekly, whichever is shorter
Clean and disinfect airlines	Quarterly	Weekly where appropriate
Check sand filter	Quarterly check and annual sand replacement	-

Operational actions	Typical frequencies		
	Commercial-type spa pools (high bather load)	Domestic-type spa pools and hot tubs	
Check water clarity	Daily at opening and every two hours thereafter	At least twice daily depending on risk assessment and usage	
Check if dosing system is working	Daily at opening	Daily	
Check chemical reservoir level	Daily at opening	Daily where appropriate	
Determine pH value, and residual disinfectant	Daily at opening and every two hours thereafter	At least twice daily depending on risk assessment and usage	
Determine TDS	Daily	-	
Clean the water-line	Daily – at end of the day/ user period with a fresh damp cloth using sodium bicarbonate (sodium hydrogen carbonate)	Check daily and clean as appropriate but as a minimum at water replacement	
Clean overflow channels and skimmers	Daily – at end of the day/ user period	Check daily and clean as appropriate but as a minimum at water replacement	
Clean spa-pool surround	Daily – at end of the day/ user period	Check daily and clean as appropriate but as a minimum at water replacement	
Backwash filter	Daily – at the end of the day/user period	-	

### Why are spas potentially more dangerous?

This is due to the aeration of the water and the fine droplets of water given off via a spa. Spas can give off a bacteria called Legionella if they are not maintained.

- Legionella ideal growth conditions are between 20-45 degrees celsius
- Stagnant water eg lack of circulation
- No chlorination and being aerated



# 'We've sold out': Hot tub sales rise by 1,000% and suppliers struggle to keep up with demand as Britons spend more Legionnaires' deaths: Stoke-on-Trent firm A hot tub sales firm has been fined £1m following the

JTF fined £1m

@ 3 July 2017







Twenty others were also affected after a hot tub on

sed with ebay seeing orders soar by 1.080% in April people to harmful levels of Legionella bacteria.

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he castererundis from Cancelle horinays 71, from Stoke-on-Trent, died from a pre-exisiting condition. posing to rent them for events like birthdays afford

seefaya คนุษย์ increiss in business in recent months

## Thank you for your time

Any questions

Contact - ianogilvie6724@gmail.com